

# LUNCH

MONDAY, MAY 11, 2026

## ALMOND ROSEMARY LEMON TOFU



almonds

coconut milk



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
215	205mg	8g	15g	12g	0mg	3g

## BLACKENED CHICKEN

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
235	750mg	21g	5g	0g	55mg	0g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

# DINNER

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## SWEET & SAVORY BBQ NACHOS



cashew queso



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
270	430mg	13g	11g	30g	0mg	2g

## BEEF NACHOS



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
460	1,128mg	25g	24g	36g	77mg	0g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen